





	29.08	30.08	31.08	01.09	02.09	03.09	04.09	05.09	06.09	07.09	08.09
	Sat	Sun	Mon	Tue	Wed	Thu	Fri	Sat	Sun	Mon	Tue
	1	2	3	4	5	6	7	8	9	10	11
9h15-10h00		Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast
10h00 – 13h00	Arrivals	Team- building	Visit to the Lisbon Castle	Community Work	Beach time!	Community Work	Free time (optional Sintra & Cabo da Roca trip)	Community Work	Free time	Community Work	Cleaning and departures
13h00- 15h00		Lunch	Packed Lunch	Lunch	Packed Lunch	Lunch	Packed Lunch	Lunch	Packed Lunch	Lunch	
15h00 – 18h45		Introduction to the project	Free time in the city	Portuguese & cooking workshops	Beach time!	Portuguese & cooking workshops	Free time (optional Sintra & Cabo da Roca trip)	Portuguese & cooking workshops	Free time	Portuguese & cooking workshops	
18h45 – 20h00		Visit to Bairro Padre Cruz	centre								
20h00 – 21h00	Dinner	Dinner	Dinner	Dinner	Dinner	Dinner	Dinner	Dinner	Dinner	Dinner	
21h00 –	Welcome evening	Intercultural evening	Free time	Free time	Free time	Free time	Free time	Free time	Free time	Farewell evening	