



PROJECT: “Training+ for Youth”

Reference number: **2014-1-ES02-KA105-000082**

## 1. What is Erasmus+ Programme?

### **Erasmus+ is the new EU programme for education, training, youth and sport.**

Erasmus+ started on 1 January 2014 and replaces current funding programmes run by the European Commission in the area of education, training, youth and sport, including The Lifelong Learning Programme, Comenius, Leonardo, Erasmus, Grundtvig and Transversal), Youth in Action and other international programmes including Jean Monnet and Erasmus Mundus. The Erasmus+ programme will run from 2014-2020 and supports activities in education, training, youth and sport across all sectors of lifelong learning including Higher Education, Further Education, adult education, schools and youth activities.

### **Aims and objectives of Erasmus+**

Erasmus+ aims to boost skills and employability as well as modernise education, training, and youth work across Europe. It has a budget of approximately 14.7 billion euros across Europe and will, over the next seven years, provide opportunities for over 4 million Europeans to study, train, gain work experience and volunteer abroad and will also support transnational partnerships between education, training and youth organisations, as well as support grassroots sport projects.

### **A new approach to funding for education and training**

A new structure has been proposed for the Erasmus+ programme to reflect a need for greater simplification and streamlining. By bringing together a range of different programmes and initiatives the European Commission hopes to make their funding opportunities more efficient and more accessible.

Erasmus+ will be an integrated programme which means that it will be based around Actions. Some activities funded under the Lifelong Learning and Youth in Action Programmes will disappear; others will be translated into the new Erasmus+ structure.

Member States of the European Union plus some non-EU Programme Countries can apply for Erasmus+ funding and can fully take part in all any Erasmus+ funded project or activity. Other countries, known as Partner Countries, can participate in some Erasmus+ actions as partners but please check the eligibility criteria for each activity before applying.

Erasmus+ is divided in different key actions and programmes:

- Key Action 1: Learning Mobility of Individuals
- Key Action 2: Co-operation for Innovation and Exchange of Good Practices
- Key Action 3: Support for Policy Reform
- Jean Monnet Activities
- Sport

More info: [http://ec.europa.eu/programmes/erasmus-plus/index\\_es.htm](http://ec.europa.eu/programmes/erasmus-plus/index_es.htm)

<https://www.erasmusplus.org.uk/about-erasmusplus>

## 2. What is the Key Action 1?

**Key Action 1: Learning Mobility of Individuals** is all about providing opportunities for individuals to improve their skills, enhance their employability and gain cultural awareness.

Under Key Action 1 organisations can apply for funding to run mobility projects. These projects enable organisations to offer structured study, work experience, job shadowing, training and teaching opportunities to staff and learners.

Beneficiaries are able to spend a period of time in another participating country gaining valuable experience of life, study and work with the aim of increasing the opportunities available to them in the future.

Key Action 1 covers the five fields of Higher Education, vocational education and training, schools, adult education and youth. It is important to note that target groups and activities for Key Action 1 vary by field.

- Mobility for Higher Education Students and Staff
- Mobility for VET Learners and Staff
- Mobility for School Staff
- Mobility for Adult Education Staff
- **Mobility for Young People and Youth Workers**

- Master's Student Loan Guarantee

Key Action 1 is the largest action in Erasmus+ with 63% of programme budget supporting its focus on increasing mobility and skills.

**“Training+ for Youth”** is an initiative developed by Gantalcalá Association under the **KA1 Learning Mobility of Individuals. Mobility for Young People and Youth Workers.**

This part of Key Action 1 is managed in the Spain by the INJUVE as part of the Spanish National Agency.

What mobility activities are possible?

Each project can last between 3 and 24 months and organisations can apply for funding to support any of the following mobility activities within a project:

- Mobility of Young People: youth exchanges for people aged 13 -30 lasting 5 to 21 days, excluding travel time
- European Voluntary Service (EVS) for people aged 17-30 lasting 2 to 12 months
- **Mobility of Youth Workers: training and networking for youth workers of any age. Youth Worker mobility activities can last from 2 days to 2 months, excluding travel time.**

Please read the Erasmus+ Programme Guide for full eligibility criteria.

More info: [http://ec.europa.eu/programmes/erasmus-plus/index\\_es.htm](http://ec.europa.eu/programmes/erasmus-plus/index_es.htm)

<https://www.erasmusplus.org.uk/about-erasmusplus>

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### 3. What is the “Training+ for Youth” project about?

The project “Training+ for Youth” is an initiative of Gantalcalá (Spain) together with other 9 organizations from Italy, Sweden, Estonia, Romania, Greece, Germany, Turkey, Bulgaria, and Portugal within the KA1 Learning Mobility of Individuals. Mobility for Young People and Youth Workers. The training course will be developed in the city of Sevilla, from 7th to 14th September 2014. Each organisation will be represented by 3 people.

The main reason for the organization of such a course could be explained as a need of “awakening” the youth workers who don’t know how to organize and develop a project within

the new Erasmus+ Programme, making a deeper focus on **Key action 1**: Mobility project for young people and youth workers (Youth Exchanges, European Voluntary Service, and Youth workers' training and networking. And **Key Action 2**: Cooperation for innovation and the exchange of good practices (Strategic Partnerships in the field of Education, Training and Youth. This Training course will explore different ways of participation in the field of youth that the new Erasmus+ Programme offer for the period 2014-2020.

The methodology used in this project has been chosen after taking into consideration that many youth workers usually get the knowledge by the, somehow, general content units, they cannot go in depth and have many difficulties to put into practice. That's why an alternative approach will be implemented, using the Non Formal Education tools and techniques in an efficient way for each one of the workshops and activities carried on during the training. Regarding this point, it is important to highlight the use of ICT's that improve team-work and Communication strategies. This accurate 'modus operandis' will guarantee a successful implementation of the **Key action 1**: Mobility project for young people and youth workers (Youth Exchanges, European Voluntary Service, and Youth workers' training and networking. And **Key Action 2**: Cooperation for innovation and the exchange of good practices (Strategic Partnerships in the field of Education, Training and Youth. This Training course will explore different ways of participation in the field of youth that the new Erasmus+ Programme offer for the period 2014-2020.

#### 4. Participants

**Eligible participants:** Project managers, Youth leaders, Youth workers (3 participants from each country, no age limit (from 18 years old in advance). Each group should be represented both sex.

## 5. Activity programme

Day / Time	SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
08.30 - 09.30		Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast
09.30 - 10.00		A.2- Juegos presentación	Energizer	Energizer	Energizer	Energizer	Energizer	
		10.00 - 11.30 A.3 "Welcome Packs and presentation".	10.00 - 13.30 A.7- Visit to Sevilla city center. Working with local people. Do you know about Erasmus+?	10.00 - 13.30 A.10.- Making real the Key Action 1: Youth exchanges + Coffe Break	10.00 - 13.30 A.13.- Tools-kit for projects preparation. Useful resources + Coffee Break	10.00 - 13.30 A.16.- Working intercultural aspects and European dimension with youngsters.+ Coffee Break	10.00 - 13.30 A.19.- Introducing and working with Key Action 2: Strategic Partnership + Coffee Break	
		Coffee Break						
		11.00 - 13.30 A.4- "Organizations Fair".						
14.00 - 15.00		Lunch	"Tapas" Lunch	Lunch	Lunch	Lunch	Lunch	
15.00 - 16.45		Rest	15.00 - 16.00 City sightseeing	Rest	Rest	Rest	Rest	
15.45 - 16.00		Energizer	Energizer	Energizer	Energizer	Energizer	Energizer	
		16.00 - 19.00 A.5.- Introduction to ERASMUS+	16.30 - 19.00 A.8.- Introducing Key Action 1. y 2	16.00 - 18.00 A.11.- Using ICTs for project management	16.00 - 18.00 A.14.- Intermediate Evaluation.	16.00 - 20.30 A.17- Tools and practice Key Action 1: Mobility of Youth Workers + Coffee Break	16.00 - 18.00 A.20.- Preparing the Youthpass Certificate	
		Coffee Break	Coffee Break	Coffee Break	Coffee Break		Coffee Break	
		19.30 - 20.30 A.6.- Initial Evaluation. Expectations and fears	19.00 - 20.30 A.9. Groups games for group building	18.30 - 20.30 A.12.- The importance of dissemination and visibility in Erasmus+. Blog creation.	18.30 - 20.30 A.15- Key Action 1: European Voluntary Service and practicing.		18.30 - 19.30 A.21.- Final Evaluation	
							FREE TIME, preparing luggage	
20.30 - 21.30	Dinner	Dinner	Dinner	Dinner	Dinner	Dinner	Dinner	
22.00 - 23.00		FREE TIME	FREE TIME	FREE TIME	FREE TIME	A.18.- "Intercultural Night"	A.21- Certificate ceremony. Farewell Party	

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THIS SCHEDULE COULD BE MODIFIED

## 6. Project tasks and schedule

- As you know, in Erasmus+ Programme, the visibility and dissemination of the results are really important, so all the partners will help to Gantalcalá Association to spread the project information in their countries. Please, find attached to this guide, the first press release. Your roll will be to disseminate this information in your webpage, Facebook profile, Blogs, etc. We will need just the link once you post the press release (We need it for the final report). Once the training course be finished, you will spread again the project information. Please include to the press release the Erasmus+ logo (Attached to this e-Mail).
- Each organization will help to their participants for booking the flight tickets and to get the insurance.
- Each organization will be responsible for send to Gantalcalá organization all the original tickets and boarding cards from all their participants.
- Each organization will help to their participants for prepare the intercultural night.

- Facebook group is already created for be in contact between all the organisations involved in the Project. Please feel free to joint it. Training+ for Youth:  
<https://www.facebook.com/groups/1480032038907847/>

## 7. When and where will the training course will take place?

### 1. When and where will the course "Training+ for Youth" take place?

- Dates: September 2014
- Where: Seville, Spain
- Accommodation: Student residence: Colegio Mayor Rosario Valpuesta (Pablo de Olavide University). <http://www.colegiomayorupo.com/>
- Food: There will be full board provided by the student residence.
- Transport: all travelling cost that will occur during the duration of training will be covered by Gantalcalá. Sometimes there will be need to use the public means of transport, sometimes private cars of Gantalcalá will be used, in the purpose to optimize travelling cost to as economical as possible.

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## 8. Economic conditions

The programme will cover the accommodation, meals, visa costs and the travel costs of the participants. Travel costs will be covered up to the 100% if they do not exceed the amounts established by the Erasmus+ programme". **Each organisation is responsible for the insurance of their participants. Those cost could be included in the travel costs. So when you book the plane tickets, please contract also a travel insurance, it is not expensive to get it with the plane tickets together.**

ORGANIZATION	COUNTRY	TRAVEL BUDGET EACH PARTICIPANT
Jugendwerk der AWO Württemberg e.V	GERMANY	275
Association "Focus – European center for development"	BULGARIA	360
Continuous Action	ESTONIA	530
EURITI	GREECE	360

Associazione Culturale Link	ITALY	275
Asociatia Tineretul Global	ROMANIA	360
Integration För Alla	SWEDEN	360
Associação Spin para o Intercâmbio, Formação e Cooperação entre os Povos	PORTUGAL	180
GENCLIK ORGANIZASYONLARI DERNEGI	TURKEY	530

These costs will be reimbursed as soon as the final report of the project will be submitted. Remember that after arriving home after the training it is necessary to send all original boarding passes and other tickets to Gantalcalá.

Address:  
Gantalcalá (Andalucía)  
Calle Infanta Cristina 11  
29680  
Estepona, Spain

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BEFORE BUYING ANY TICKETS, PLEASE NOTE THAT IT IS NECESSARY TO CONSULT THE CHOSEN MEANS OF TRANSPORTATION AND THEIR COST WITH THE COORDINATOR OF THE PROJECT, FRANCISCO LÓPEZ (F.LOPEZ@GANTALCALA.ORG). WE ARE WAITING TO GET THE ORIGINAL AGREEMENT SIGNED BY THE SPANISH NATIONAL AGENCY. WE WILL BOOK THE TICKETS AS SOON AS WE GET THIS AGREEMENT.

## 2. How to get to Seville?

The training will take place in the Spanish city of Seville, the capital city of the biggest region of Spain, Andalusia. The 2 main bus stations where participants can arrive are Plaza de Armas Station and Prado San Sebastián Station. There is also a central train station called Santa Justa. All these 3 stations (Plaza de Armas, Prado San Sebastián and Santa Justa) are well connected by urban buses.

In order to arrive to Seville from other countries, there are several possibilities:

### 1.1. OPTION 1 – SEVILLE AIRPORT

- Seville airport: <http://www.sevilla-airport.com>

### 1.2. OPTION 2 – MÁLAGA AIRPORT

The 3 terminals of the airport are on the same building, so no transport is needed to change between them.



Transport from the Airport of Málaga to Málaga city center: Both, the bus and train stations of Málaga are located on the same place in the center of the city (one in front of the other).

#### a) Bus

To arrive to the bus station of Málaga from the airport, there is a bus that runs every half an hour to the city center (it can take between 30 min or 1 hour depending on the local traffic). The bus stop is located on the right hand side, outside the Terminal 2. Tickets are bought directly on the bus.

#### b) Train

The train from the airport leaves from the Terminal 3 directly to Málaga central station (Station María Zambrano). To arrive to the city centre of Málaga by train you can check the next link:

[http://www.malagaairportcarhire.com/information/malaga\\_airport\\_train.htm](http://www.malagaairportcarhire.com/information/malaga_airport_train.htm)

Málaga to Seville

#### a) Buses

There are 2 direct buses from the Airport of Málaga to the city centre of Seville. Tickets must be bought before by internet. Fares are between 17,00€ to 20,00€ for one way (depending on times and routes):

- Bus company: ALSA ([www.alsa.es](http://www.alsa.es))

There are other buses that leave from the central bus station of Málaga to the city centre of Seville. Tickets must be bought before by internet.

- Bus company: ALSA ([www.alsa.es](http://www.alsa.es))

#### b) Trains

There are several trains from Málaga central station (María Zambrano) to Seville central station (Santa Justa).

Tickets must be bought before by internet.

- Train company: RENFE
- Online tickets and schedules: [www.renfe.com](http://www.renfe.com)

### 1.3. OPTION 3 – MADRID AIRPORT (BARAJAS)

The Airport of Madrid is quite far but it can be also an option if the other ones are not good connected with your home cities.

Airlines that operate from this airport:

<http://www.aeropuertomadrid-barajas.com/lineas-aereas.htm>

To arrive to the city centre of Madrid or change between terminals of the airport of Barajas, there is a complete line of underground that you can use (<http://www.metromadrid.es>). There is also a free bus between terminals.

Madrid to Seville

#### a) Buses

The main company that links Madrid and Seville is Socibus ([www.socibus.es](http://www.socibus.es)). Tickets must be bought before by internet.

There are several direct buses from the airport of Madrid (Barajas) to the city center of Seville (the fares are between 17,00€ and 25,00€ depending on the route and time):

#### b) Train

Trains from Madrid to Seville Santa Justa station leave from Atocha train station. Tickets must be bought before by internet.

- Train company: RENFE

- Online tickets and schedules: [www.renfe.com](http://www.renfe.com)