

Kraków, 23-12-2015

Project title: Youth for diverse Europe Number: 2015-3-PL01-KA105-023209

ABOUT THE PROJECT:

"Youth for diverse Europe" EVS project will take place in Krakow, Więckowice located nearby Krakow and Tychy. Project itself will be 18 months long, however the volunteer's activities at partner hosting organisations will be 10 months long.

"Youth for diverse Europe" aims at enhancing knowledge in the field of multiculturalism, European identity and solidarity, but also supporting people with disabilities and other marginalised groups. One of the primary goals of the project is to enable young Europeans to gain new competences.

Nine volunteers from Italy, France, Spain, Portugal, Hungary, Bulgaria, Romania and Germany will be engaged in the project. Voluntary work will be realised in four hosting organisations: Internationaler Bund Polska in Tychy, Wspólnota Nadziei Foundation at Więckowice, Gaudium et Spes Association and Czulent Jewish Association in Krakow. Our partner hosting organisations aim at improving the situation of the following groups: people with disabilities, socially excluded groups, seniors and minorties.

One of the volunteers will support Wspólnota Nadzei Foundation during his project. Foundation is managing the Farm of Life in Więckowice nearby Kraków, which is found as an innovative project for adults suffering from autism. In order to facilitate the process of rehabilitation, beneficiaries of the Farm of Life are participating in therapeutic workshops, but also grow vegatables and fruits at organic farm.

One of the volunteers will undertake activities at Internationaler Bund Polska in Tychy. Volunteer will support staff in current projects addressed at long-term unemployed, people with bad economic situation, disabilities and seniors.

Two of the volunteers will work at Krakow's Czulent Jewish Association. Activities undertaken by partner are focused mainly on culture, community of Krakow's Jewish minority and enhancing tolerant attitudes in multicultural society. Volunteers will support Sunday School, Remu Library, anti-discrimination workshops and other projects performed by Czulent.

Five volunteers will support Krakow's facilities of Gaudium et Spes association. Volunteers will assist staff during occupational workshop and actively help in the process of professional and social recovery of mentally and physically challanged groups in order to enable them to live self-sustainably in community thanks to the competences gained during the activities.

As EU established 2016 as the Year of European Identity and Solidarity and recent migration crisis in Europe that became a crucial test for Eupopeans, volunteers participating in the project will meet with migration expert (European Parliament deputee, political scientist or publicist) to discuss the aspects of multiculturality, social diversity, solidarity and European identity with the background of current politicial situation in Europe. As a result of the meeting, volunteers will prepare a poster with infograph summarizing the conclusions of the meeting. Moreover, participants of the project accompanied by local youth will create "Multicultural Cracow" treasure hunt scenario and invite young people to participate in the treasure-hunting event, which will be followed by the summing-up meeting and discussion about diversity of Europe. We aim to reinforce the idea of the treasure hunt in the board-game form, which will be used as a innovative educational tool in the future.



Information for sending organizations and volunteers

Project Dates: 2016-01-01 - 2017-06-30

Volunteer activity dates: 01/03/2016-31/12/2016

Volunteers:

- Gaudium Et Spes: 5 volunteers from Romania (1), Bulgaria (1), Hungary (1), Italy (1) and Ana Romera from Spain (1)
- Wspólnota Nadziei: Yassamine from France
- Social Integration Centre in Tychy: Maria Helena from Portugal
- Czulent Jewish Association: 2 volunteers from Germany (1) and Hungary (1)

Host Organizations:

- Gaudium Et Spes: https://europa.eu/youth/vp/organisation/943867522 en
- Wspólnota Nadziei:https://europa.eu/youth/vp/organisation/937697643 pl
- Social Integration Centre: https://europa.eu/youth/vp/organisation/58001362338_en
- Czulent Jewish Association: https://europa.eu/youth/vp/organisation/945138416 en

INSURANCE:

a) Please consider that SO have to organize CIGNA insurance for volunteer. Volunteers have to be acquainted with insurance rules before/after arrival.

TRAVEL COST:

- Please consider that we can use only the cheapest way of transport: by plane, train or by bus.
- Remember please that you can spend money on tickets <u>1 month before</u> start of volunteer activity, not earlier.
- Please keep original tickets/invoices/boarding cards as they are needed for reimbursement purposes.
- Please make sure that travel documents include date of purchase as well.
- Please send us the approximate cost of transport to Krakow and from Krakow and please do NOT buy tickets yet, because there is possibility of delay in activity dates.
- As soon you know your arrival date/time inform us so we can arrange picking you up from airport/station

Country	Travel budget for a round trip
Spain	360 EUR
Hungary	180 EUR
Portugal	360 EUR
Bulgaria	275 EUR
Italy	275 EUR
Germany	275 EUR

INFORMATION ABOUT LIVING CONDITIONS:

Food:

Volunteers will get money for food every month from coordinating institution (around 350 PLN) + there may be a possibility to eat meals in host institutions.

Accommodation:

- a) Volunteer will be accommodated in a room (in most cases shared with another volunteer) with access to kitchen and bathroom.
- b) Volunteers will share a flat together, they usually have double rooms.
- c) Flats are furnished and equipped with pillows, duvet covers, pillow cases and washing machine.



d) Internet connection /Wi-Fi is not provided, however it is possible to arrange it (prices vary from 15-30 PLN/monthly per person).

The practical arrangements (working hours, days off, holidays):

- Each volunteer will work from Monday to Friday, 30 hours per week, that is, **no longer** than 6 hours a day. Usually from 9 a.m. to 3 p.m
- Volunteers will have 2 days off per month (altogether 20 days throughout the project, which can be taken off monthly or all together for a bigger holiday). In all cases volunteers **have to** inform their hosting organization/ coordinating organization about their whereabouts.
- All polish holidays are also free for the volunteer.

Pocket money:

Volunteer will get pocket money every month - 85 euro (in polish zlotys PLN). Money will be transferred every month to volunteers.

Bank account:

We organize for every volunteer polish bank account after arrival and money (pocket money/food allowance) is transferred to that account.

Local transport:

Volunteer will get monthly ticket for trams and buses in Krakow or Tychy (including the workplace to the residence, the whole city, night buses)

INFO: Please remember to take small photo which is needed to local transport ID.

Language support:

Language support will be arranged by coordinating institution. Course will be held by professional polish as a foreign language teacher. Duration of the course depends on the length of the project. As a coordinating organization, we will provide other opportunities to practice Polish (tandem meetings etc.)

YouthCard:

It is a special edition card dedicated to people who participate in European Voluntary Service. It gives an opportunity to travel/ try out new things – all this the cheapest possible way. The card has to be given to all volunteers up to the age of 30, and is valid for one year (or until the last day before the volunteer's 31st birthday.

IB Polska facebook group for volunteers:

https://www.facebook.com/groups/352051428274265/ IB Polska volunteers blog:

http://ib-polska.pl/youth/

Weather in Poland/Krakow:

As the weather here can be quite unpredictable, to get the best out of your Polish experience it is important to include both an umbrella and sunglasses, necessary equipment all year long, so warm clothes for winter time and some things for summer time.

During the autumn and spring the weather is often changeable – you are likely to enjoy moderately warm temperatures from April to June and from September to October, but it is also possible to see snow in April or people wearing short-sleeves in October. The weather in Poland is also characterized by transitional periods between the four seasons of the year.

Mentor:

The coordinating organization provides the volunteer with a mentor's support who will help the volunteer set learning goals and together they may evaluate them after the project has finished. Also, the mentor can help the volunteer with emergency situations, such as going to the doctor.