JOETZ VZW

PARTNER VAN SOCIALISTISCHE MUTUALITEIT BRABANT

Erasmus+

Info pack

For participants of the Training course

Following Information for you

Who we are
What is the Project about
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Who we are?

The Training Course will be organized by the non-profit non-government organization JOETZ vzw, based in Belgium in the collaboration with International center for peace and integration (ICPI) from Georgia.

And This Project would not exist without our Partners

Armenia - Gyumri "Youth Initative Centre" NGO
Estonia - Continuous Action
Italy – Scambieuropei
Lebanon - World Youth Alliance Middle East
Latvia - Baltic Regional fund
Portugal - Associação Spin para o Intercâmbio, Formação e Cooperação entre os Povos
Romania – Asociatia Culturala Pentru Teatru Si Origami Din A.C.T.O.R.
Ukraine - Non-Government Organization "Unit"

Description of the Project

The international project - "Change In to Change Out" is a **two-level ERASMUS+** project that follows the logical frame - starting with giving tools for working on **personal development,** continued by giving instruments of **emphatic** communication, aiming at improving **peace building** attitudes and skills through the self-development process, in order to use them in working process with the youngsters in own communities. The project contains **2 stages** of Training Courses involving the same youth workers.

Stage One:

1.**Training Course** - "Start change within" Personal development was a lifelong process. It was a way for people to assess their **skills** and **qualities**, consider their aims in life and **set goals** in order to **realize** and **maximize** their **potential.**

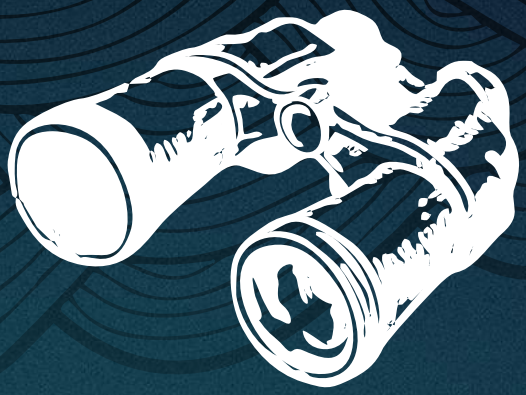
Stage Two:

2.**Training Course** - "Keep changing in to change out"

The training is aimed to personal development. During this training you will be provided with tools, which you can integrate in your personal or professional life. The training will create in a simple way conditions that will enable you to experience how you behave, what effect this has on you and which consequences can be. You will be given some tools about communication to connect better with the people and to love them more.

For who we are Searching ?

In accordance with the project aim, for the project main target group of the projects will be **newcomers** in NGO sector, **youngsters and** youth workers who are trying to find their fields of interest, concrete work or communication styles, those who still have **no** clear vision of their future work, **have troubles** in decision making, **communication** or conflict resolution.
It is strongly recommended from the organizers to be selected at least **1 youngster** coming from the rural areas, or youth having economical or social challenges and youngsters who have **not participated** in Erasmus + or YiA project **more than 2 times**.



Organizational team will provide an online questioner so, that each organization can use it for choosing participants;

Age limit - Anybody, who is 18 years old and more.
Please make sure that you keep gender balance

When selecting the participants for project!
Main criteria for the selection process:
Background and interest in the project topic
•**High motivation** for participation
•Follow up activities - how they plan
to use knowledge and experience gained during projects

!!!Participants with fewer opportunities!!!

According to the project design each partner organization has to involve **1-participant** for TC with fewer opportunities.

Participants having following background:

Cultural differences
Economic obstacles
Social obstacles
Geographical background

Practical information

Working language:
English

Special needs: Please let us know **before** the projects starts
if you have any kind of special needs
(regarding the food, allergy, etc.)
through **online** participants list.

Participant list: Information regarding participants
please fill in the online application
form follow the link to open the document:

ONLINE DOC LINK

https://docs.google.com/spreadsheets/d/13rPrZRJMEdtnMWcpADdM2DSK7V-kO7V3MKI6z4nQrZM/edit#gid=0

DEADLINE FOR CHOOSING PARTICIPANTS:
15th of January.
We will inform the selected participants about
the **further steps**, how they can buy the flight tickets,
how they can prepare themselves, what will they need etc.

FB group:
If you are a Facebook user, for faster communication and for getting
to know each other, you can use our project group as well.

Please **join us** at the following the link:

https://www.facebook.com/groups/449207092144197/

In order to ensure the best possible quality to the project, a participation fee of EUR 30 will be charged as own contribution of each participant to the project.

Cultural presentation:
During the TC will be organized cultural evenings where all the countries will present their culture (dances, songs, and typical food).
The cultural presentation you will have to prepare together with other participants from your country.
We ask you to make it interactive (involving the public): you can make a quiz, organize competitions, play typical games, teach a dance or a song, etc.

Cannot be used:
projector for presentations, maps, kitchen for preparing the food.

The **training methodology** is based on learning by doing, on developing and challenging **individuals** and groups through a **creative stimulation** that connects objective contents with **personal experience** and internalization.
They work with learning methods that follow the **natural human behavior**, which works in the same way like learning to walk, taste, feel.
It is called learning by experience.
The participants are engaged **intellectually, emotionally, socially, spiritually**, and **physically** in the training.

Use of alcohol is not allowed during the project, even during cultural evenings.

Accommodation

Information about accommodation will be updated later via e-mail.
2nd. Stage - The accommodation for you is booked from 1st of March till the 8th of March (till the morning), the last financed night is 7th of March.

If you want to arrive a day earlier or/and stay a night longer, it is possible (you have only two extra days to stay out of the project).
This extra nights are on your expenses.
Wireless internet connection is available in the hotel

Participants have 2 extra days to stay out of project dates.

Project Costs and Reimbursement

Country	Organization	Participants	Travel Cost Limits*
Belgium	JOETZ vzw	5	530
Armenia	Gyumri "Youth Initative Centre" NGO	3	180
Estonia	Continuous Action	3	360
Italy	Scambieuropei	1	360
Lebanon	World Youth Alliance Middle East	3	275
Latvia	Baltic Regional fund	3	360
Portugal	Associação Spin para o Intercâmbio, Formação e Cooperação entre os Povos	3	820
Romania	Asociatia Culturala Pentru Teatru Si Origami Din A.C.T.O.R.	3	275
Ukraine	Non-Government Organization “Unit”	3	275

100% of **accommodation, food and transportation during the project** will be covered with the support of ERASMUS+. Only the most economical transportation will be reimbursed.
It is necessary for participants to **have travel and health insurance (not covered by project)**.
All the necessary information about the reimbursement procedures and documents, participants need to provide will be sent as reimbursement guide later.
(Such as travel document invoice from sending organizations and etc.)
According to the new rules of Erasmus+, the maximum amount that we can reimburse for each representative of the country is indicated below in the table.

Number of participants & Travel cost limits per person for Training CourseCountryOrganizationParticipantsTravel Cost Limits